

grown served with a Naan bread

Asian Noodle Salad (no bread included) 10	Smoked Salmon Salad 15
soba noodles, carrots, bell peppers, cucumbers, pickled red onions, cilantro, peanut dressing, chicken breast	artisan mixed greens, smoked salmon, sunflower seeds, pickled red onions, heirloom cherry tomatoes, cucumbers, feta cheese, zinfandel vinaigrette
Avocado Tuna Salad 10	Vegan Cobb Salad (no bread included) 9
a scoop of our homemade tuna salad on a bed of artisan mixed greens, tomatoes, cucumbers, avocado, roasted pumpkin seeds, and zinfandel vinaigrette	artisan mixed greens, chick peas, cucumbers, carrots, heirloom cherry tomatoes, bell peppers, vegan bacon, avocado, vegan green goddess dressing
Chicken Bacon Ranch Salad 11	Side Salad 3
artisan mixed greens, chicken breast, heirloom cherry tomatoes, cucumbers, carrots, bacon, shredded cheese, ranch dressing	artisan mixed greens, tomatoes, cucumbers, carrots, served with your choice of dressing (roll not included)
Chicken Blueberry Salad 11	add Avocado to any salad 2
a scoop of our homemade chicken salad on a bed of artisan mixed greens, blueberries, feta cheese, candied pecans, strawberries, and blueberry pomegranate vinaigrette	Dressings & Dips: bleu cheese, barbecue, chipotle ranch, ranch, honey mustard, peanut, olive oil & vinegar, vegan green goddess
	Vinaigrettes: blueberry pomegranate, zinfandel

handhelds served with a bag of chips and a pickle spear (gluten-free bread available)

Avocado BLT* 11	Turkey & Smoked Gouda Sandwich* 10
served on toasted sourdough, smashed avocado, lemon herb mayo, bacon, artisan lettuce, tomato	served on artisan multigrain with sliced all natural turkey, smoked gouda cheese, tangy mayo, artisan lettuce, and tomato
Chicken BLT 11	8 oz. Soup or Side Salad & Half Sandwich 9
served on toasted sourdough, lemon herb mayo, bacon, chicken breast, artisan lettuce, tomato	* Selections for half sandwich. Combination does not include chips.
Smoked Salmon BLT 15	Avocado Tuna Wrap 9
served on toasted sourdough, lemon herb mayo, bacon, smoked salmon, artisan lettuce, tomato	served on a tomato basil wrap with a scoop of our homemade tuna salad, sprouts, tomato, and avocado
Black Bean Veggie Burger 10	Buffalo Chicken Wrap 10
served on sourdough ciabatta with artisan lettuce and tomato	served on tomato basil wrap, tenders tossed in buffalo ranch, provolone cheese, artisan lettuce, tomato
Add cheese for \$.50	Turkey Cranberry Wrap 10
Ham & Gruyere Panini 10	served on spinach wrap with sliced all natural turkey, cranberry mayo, provolone cheese, sprouts, and tomato
served on panini bread, ham, gruyere cheese, arugula, dijonnaise, pressed on our panini machine	Vegetarian Wrap 8
Margherita Panini 11	served on tomato basil wrap with red pepper hummus, provolone and cheddar cheese, sprouts, tomatoes, bell peppers, cucumbers, carrots, spanish olives, and chipotle ranch dressing
served on panini bread, fresh mozzarella, pesto, tomato, balsamic glaze, arugula, pressed on our panini machine	Classic Grilled Cheese* 5
Chicken Salad Sandwich* 9	cheddar cheese on sourdough, grilled to perfection
served on croissant with a scoop of our own homemade chicken salad, artisan lettuce, and tomato	Hebrew National Hot Dog 7
Fried Flounder Sandwich 10	1/4 pound all-beef hot dog, add chili or kraut for \$1
served on Grilled Ciabatta Bun, fried flounder filet, artisan lettuce, tomato, tartar sauce	Peanut Butter & Jelly Sandwich* 4
	add Avocado to any sandwich or wrap 2

BLUE
PALMETTO
café

Members receive a 10% discount.

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breakfast available until 11:00 a.m.

Avocado Toast	5	Breakfast Bagel Sandwich	5
slice of toasted sourdough, smashed avocado, everything seasoning, fresh fruit on the side		fried egg, bacon, cheddar cheese	
Bagel Bar (choice of bagel and homemade cream cheese)	3	Croissant	3
Bagels: plain, asiago, blueberry, cinnamon raisin		grape jelly and butter	
Cream Cheese: brown sugar cinnamon, plain		Fluffy Homemade Pancakes (2)	3
Tower Breakfast	8	Homemade French Toast	6
two pancakes, two eggs, two slices of bacon, and home fries		two hearty slices of fresh made french toast, topped with powdered sugar, maple syrup, fresh fruit on the side	
Bok Breakfast Bowl	7	Yogurt Parfait	4
two eggs, two slices of bacon, roasted peppers and onions, shredded cheese, served over home fries			

on the side see our display case for a daily selection of home-made side dishes.

Home-made Beef Chili or Soup of the Day		Fresh Fruit Bowl	3
small, 8 oz.	4	Assorted Muffin	3
large, 16 oz.	7	Carillon Crunch	2
Fried Chicken Tenders	6	Biscotti	2
with your choice of sauce		Kettle Cooked Chips	1
Mozzarella Caprese Salad	5		

sweetened

Monster Cookies	3	Hand Dipped Ice Cream (assorted flavors)	
baked fresh right here		Single dish, 5 oz.	3
Edible Cookie Dough		Double dish, 10 oz.	5
3 oz.	3	Kid's, 2.5 oz.	2
6 oz.	5		

Add cone for \$1 more

beverages

Fountain Sodas (Pepsi products)	2	Freshly Brewed Iced Tea	2
Florida's Natural Orange Juice	2	unsweetened (sugar syrup available)	
Apple Juice	2	Hot Chocolate	2
Grape Juice	2	Bottled Water	3
Coffee or Decaf	2	Milk 2%	2
(flavored syrups available)		Gatorade	3
Cold Brew Iced Coffee	4	Ginger Beer Soda	3
Hot Tea	2	Water Cup	0.25
caffeine or herbal organic, Fair Trade			

wine & beer

Wine	
glass	6
bottle	20
Beer	6

We proudly serve



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.